



# WHAT'S HAPPENING TO OUR GIRLS?

*An exploration of behavioural issues,  
external pressures, bullying and the  
contemporary teen and tween mindset  
in Australian schools.*

Friday 27th August, 2010.

Victoria University Conference Centre - 300 Flinders St, Melbourne.

Session Time: 9.00am - 3.30pm. Seminar registration from 8.00am.  
Opposite Flinders St Train Station. Paid parking also available at the venue.

An inspirational one-day seminar for teachers, principals  
and other professionals in primary and secondary education.  
PD Hours: 6.5 hours

Featuring:

**Maggie HAMILTON**

Publisher, Teacher and Author of WHAT'S HAPPENING TO OUR GIRLS?

**Evelyn FIELD**

Practising Psychologist and Author of BULLY BLOCKING

**Robyn TREYVAUD**

Specialist Internet Safety Consultant and founder of CYBERSAFEKIDS

**Emily MAGUIRE**

Social Commentator, Journalist and Author of YOUR SKIRT'S TOO SHORT

**Alice PUNG**

Lawyer, Author of UNPOLISHED GEM and Editor of GROWING UP ASIAN IN AUSTRALIA

**Tiffany HALL**

Martial Artist, Writer and Advocate for healthy eating and positive body image



Presented by



B O O K E D O U T  
S P E A K E R S A G E N C Y

PO BOX 580 SOUTH YARRA VICTORIA 3141 PHONE 03 9824 0177 FAX 03 9824 0677  
bookings@bookedout.com.au www.bookedout.com.au



**MAGGIE HAMILTON** Why are girls as young as five concerned about their looks and addicted to shopping? Why are girls binge-drinking so young, responding to chat-room predators, and bullying their peers via email and text messages? Why are depression, cutting and eating disorders on the rise, and why, with so much choice, do so many just want to marry young and have babies?

Writer, teacher and publisher Maggie Hamilton answers these questions and more in her keynote address based on her best-selling research book *What's Happening to Our Girls?*

For over two years Maggie has interviewed girls, teachers, school counsellors, psychologists, law enforcement and medical personnel to get an insider's view on what girls are presently experiencing from birth through to their teenage years. The result is a book at once informed, compassionate and shocking and is for teachers, parents and all those who want to better understand and support girls.

**ROBYN TREYVAUD** Children, adolescents and young adults increasingly communicate by internet, mobile phone and other digital methods, giving little thought to the digital footprint they leave behind.

Robyn Treyvaud has 30 years experience in teaching, curriculum development and school leadership in both the government and independent systems. Since leaving teaching she has lead the development of content for [cybersmart.gov.au](http://cybersmart.gov.au), co-authored the *Cyber Safe Kids Teaching Kit* CD-Rom and delivered keynotes at events in Australia and Asia. Robyn will present an address on Internet Safety and run a workshop exploring the impacts of internet use and 'sexting' on young people, their families and communities.

**PROVISIONAL PROGRAM**

Morning sessions:  
*What's Happening to Our Girls?*  
*Learning to Fail*  
*Internet Safety*

Workshops (choice of 2):  
Maggie Hamilton  
Tiffany Hall  
Robyn Treyvaud

Afternoon sessions:  
*Your Skirt's Too Short*  
*Girls and Bullying*

**TIFFINY HALL** At the age of 25, Tiffany is already 5th Dan black belt with more than 20 years of training in Taekwondo, more than ten national titles and has also been one of Australia's most formidable athletes, a Gladiator! Tiffany is now taking on her greatest fight: the diet industry. She is determined to educate young people about the dangers of fad dieting and the importance of a healthy body image. Tiffany inspires confidence and individuality through her anti-diet/self-empowerment book and regular visits to schools. Tiffany will present a workshop on how to create an environment of healthy body image in your classroom and the whole school.



**EVELYN FIELD** is one of Australia's leading authorities on Bullying. Her first book *Bully Busting*, a self-help book for parents, children and educators sold over 22,000 copies has been translated into Italian, Croatian and Arabic. She has worked closely with the National Coalition Against Bullying and the Mental Health Foundation of Victoria and is a media spokesperson for the Australian Psychological Society.

Evelyn will present the afternoon keynote, *Girls and Bullying*. She will look at both direct and indirect types of bullying such as verbal, emotional and social bullying often preferred by female bullies. This will help educators identify the signs of devaluing and isolation that are less obvious but just as harmful as physical bullying.



**ALICE PUNG** is a writer and lawyer who has received enormous critical acclaim for her writing. Her debut novel *Unpolished Gem*, shortlisted for several awards including the *The Age* Book of the Year 2007, combines the story of Pung's life growing up in Melbourne's Western suburbs with the inherited stories of the women in her family. She is also the editor of *Growing Up Asian in Australia*.

Alice will deliver a short address about the conflict of school vs. home and how the fear of failure can harm a young person's personal and intellectual development.

**EMILY MAGUIRE** is an author of internationally and critically acclaimed fiction. As a social commentator, Emily's articles and essays on sex, religion, culture and literature have been published widely including in *The Sydney Morning Herald*, *The Griffith Review*, *The Financial Review*, *The Observer* and *The Age*.

Earlier this year, Emily released *Your Skirt's Too Short: Sex, Power, Choice*, a revised edition for young adults of *Princesses and Pornstars*, in which she ignites discussion on issues relevant to teenagers. Emily will present a session based on her research and dealings with young women.



\*\*\*PLEASE FAX TO REGISTER: 03 9525 2979. BOOKINGS CLOSE 23/08/10. LIMITED PLACES.\*\*\*

## REGISTRATION FORM

ABN 84 128 688 595

Please fax this form to 03 9525 2979 to secure your place. Registrations are confirmed via email. If you do not receive an email with 48 hours of faxing this form, please contact Booked Out on 03 9824 0177.

Please print your email address clearly as it will be the primary mode of contact.

Please reserve \_\_\_\_\_ places at **What's Happening to Our Girls? (Melbourne)** to be held on Friday 27th August, 2010.

1. Name \_\_\_\_\_ Email \_\_\_\_\_

2. Name \_\_\_\_\_ Email \_\_\_\_\_

3. Name \_\_\_\_\_ Email \_\_\_\_\_

School/Institution \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

An individual email address is **required** for **each** participant to confirm registration. A tax invoice for **\$220.00** (includes \$20.00 GST) will be emailed to each participant as soon as their registration is processed. For registrations of more than 3 participants, please use multiple forms. Morning tea and lunch provided.