

2012 Events:

What's Happening to our Girls?

choose
1 or 2
days

What's Happening to our Boys?

Booked Out is pleased to present
2 consecutive full day
professional development days
for middle years and secondary
school staff and those
working with young people.

Key presenters:

- Steve **Biddulph**
- Dr Michael **Carr-Gregg**
- Maggie **Hamilton**

Designed with both
single sex and
co-educational
environments in mind.



The evidence from neuroscience is clear - while we are all human, there are unique risks, and unique potentials, in being a boy or a girl.

Whether you work in a co-ed or single-sex school, whether you are a teacher, principal, counsellor or health worker, you need to understand and be equipped to deal with the unique challenges of gender and development.

I am delighted to join with Australia's very best speakers in presenting these powerful and exhilarating day seminars, where you can hear close up what works and get specific and practical help to change young lives.

- Steve Biddulph





Steve Biddulph

The War on Girls

The New Boyhood

Steve Biddulph was a psychologist for over 25 years, specialising in parent education and large scale attitude change. His books changed the way we looked at boys, and his focus now is on the crisis facing girls' mental health. Steve's books are in four million homes around the world. Steve is Adjunct Professor in the school of psychology and counselling, Cairnmillar Institute, and is based in Tasmania.

The War on Girls: There is a growing and alarming mental health crisis among girls, and strong evidence that a toxic culture is taking away the gains made by feminism and equality struggles of earlier decades. Added to this, a loss of close connected relationships in families means girls have only their peer groups to depend on, a recipe for trouble. Steve's keynote will cover the development of girls, how it can be restored to health, how biology and environment interact, and what teachers, schools, parents and the community can do to help girls grow happy and strong.

The New Boyhood: A massive worldwide effort to both understand and help boys is beginning to bear fruit. Boys were the great risk group of the 20th century, but we know so much more now about how to help them be kinder, safer, more connected and mature into good men. Steve was a worldwide pioneer in this change, and he talks about the big picture, the close up detail, and the cutting edge thinking about how we go about making good men. Schools, community programs, parent education, father inclusion - all can play their part.



Maggie Hamilton

Survival of the Prettiest, Coolest, Riskiest Growing Emotionally Intelligent Boys

Writer, social researcher and publisher Maggie Hamilton is a regular media commentator and keen observer of social trends. Concerned about the toxic culture our boys and girls are growing up in, Maggie has become an outspoken critic of the commercialisation of childhood, the sexualisation of children, and the pornification of our culture. Through her books Maggie seeks to support this new generation by sharing her research into tweens and teens issues with parents and educators, and by offering them straightforward solutions to these challenges.

Survival of the Prettiest, Coolest, Riskiest: In spite of all we're told, pop culture is not an organic process. It's an endless feast of carefully crafted messages to get girls to spend. Overriding the influence of parents and teachers, and fuelled by the might and expertise of powerful corporations, it has a massive influence over what girls look like, worry about, and aspire to. Undermining a girl's belief in herself, her unique talents and much more, it makes it impossibly hard for girls to grow up to be happy, confident, empowered women. What are the physical and emotional impacts of these unhelpful influences, and what can we do about it?

Growing Emotionally Intelligent Boys: Emotional intelligence is one of the key attributes boys need to successfully navigate the complexities of 21st century adult life at home and at work, and to be at ease in local and global environments. Yet still we remain reluctant to invest in the emotional lives of boys. We fear that by allowing boys to explore and articulate their emotions it will prevent them from becoming strong, healthy, empowered men. As opportunities to learn emotional intelligence do positively impact the lives of boys, what factors are compromising their emotional health right now, and how can we create more genuinely supportive environments for them?



Dr Michael Carr-Gregg

How Much do you Really Know About the Developmental Psychology of Girls/Boys?

Michael Carr-Gregg is one of Australia's highest profile psychologists. He works in private practice in Melbourne. He is a columnist for Girlfriend Magazine and Australian Doctor. He specialises in the area of parenting adolescents and adolescent mental health. Michael has been the Consultant Psychologist to the Victorian Secondary Schools Principal's Association, Australian Boarding Staff Association, Australian Ballet School, St Catherine's School, and Melbourne Girls' College. In 2003 he was one of the founding members of the National Coalition Against Bullying and became one of their national spokespersons. He also served on the advisory committee for the Federal Government's Boys' Education Lighthouse School Programme.

How Much do you Really Know about the Developmental Psychology of Girls?:

Dr Carr-Gregg has developed a specialised quiz session for these events, filled with essential, evidence based facts. Topics covered in the interactive quiz include communicating with young people, teenage brain research, the very latest information on drugs and alcohol, mental health and cybersafety. Designed to equip workers with young people in health, education and welfare with the core millennial competencies (knowledge, skills and strategies) required to work with young people in a sensitive and caring way.

How Much do you Really Know about the Developmental Psychology of Boys?:

Similar topics will be covered but the content of the boys quiz will be unique from the girls quiz.

Format

Booked Out's calendar of events in 2012 will include a schedule of ground-breaking multi-presenter professional development days.

Two full-day seminars will be held in each location. The first will focus on girls' issues, the second on boys' issues. Both seminars will be unique in content so you can choose to attend one or both days.

The key presenters will be joined by a range of local presenters in each location.

Each seminar will account for 6.5 PD hours.

Dates

Sydney

Thursday 22nd & Friday 23rd March, 2012

Brisbane

Thursday 26th & Friday 27th April, 2012

Melbourne

Thursday 21st & Friday 22nd June, 2012

The next step

Visit **bookedout.com.au/events** where you will find all the information you need regarding:

- Local presenters
- Session synopses
- Programme
- Fees and group discounts
- How to register



1 day - \$200 per person
2 days - \$300 per person
Book before 21/12/2011

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